

Assessment Guidelines- BOLD TYPE Mandatory

Sample Assessment of Extremity Injury:

C/C **(L)** Wrist Pain, 7/10 Pain scale, **(+)** **Deformity, swelling**, point tenderness.
(+) **Distals**, **(-)** **ROM** due to pain. Pain radiates wrist → hand. No other pain or injury found or reported.

C/C **(R)** Anterior Knee Pain when weight bearing, 8/10 Pain scale, Pain reduces To 3/10 non-weight bearing, **(-)** **Deformity** **(+)** **Swelling**, **(+)** **Distals**, Limited ROM. 2° Clear.

Sample Assessment of Possible Head Injury

C/C "Hit Head" **A+Ox4**, Eyes **PERRL**, **(-)** **LOC**, **(+)** **Nausea**, **(+)** **Headache**, 3/10 Pain scale, **(-)** **Blurred vision**, dizziness. Secondary revealed **back pain thoracic spinal region**, 2/10 Pain scale, **(-)** **Deformity** **(-)** **Swelling**, **(+)** **Distals X4**.
Describes as "soreness". Guest denies other pain or injury.

NOTE: If you decide a backboard is necessary- you cannot legally release them without an AMA from the guest 18 and over (A+Ox4 and not impaired- drugs or alcohol) or from the parent or LEGAL guardian. AMA is to be signed BEFORE backboard is removed. We cannot, however, hold a guest against their will, unless they are altered (A+Ox3 or less).

Sample Assessment of Laceration

C/C Laceration to shin. Lac ~1" long, full thickness, (+) Bleeding controlled

(+) Distals, (-) Deformity, (-) Swelling

NOTE: If the laceration is on the head, address the head injury assessment.

Sample Assessment of Possible Chest or Abdominal Trauma

C/C "Chest pain & difficulty breathing from impact" SOB (or Shortness of Breath),

Respirations 30 per minute, Pulse 120 bpm., B/P= 175/Palp

Pain radiates (L) Upper Quadrant → posterior left flank (+) rigidity, warmth

Upper quadrant. (-) Deformity A+Ox4, Eyes PERRL

NOTE: This example and many other incidents are a load and go: call for 10-95 with Age, Sex, Disposition, A+O status and ETA to base.

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ROM. 2° Clear.

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Pain scale, **(-)** **Blurred vision**, **dizziness**. Secondary revealed **back pain thoracic
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